

Smooth Plan Card

Step-by-step care, for real long-term smooth skin



- 1 Start
- 2 Rhythm
- 3 Visible change
- 4 Refinement
- 5 Reduction
- 6 Result phase

Gentle ritual. Real progress. Long-term smoothness.



YOUR SMOOTH-HOME GUIDE

www.stayhairfree.com/smooth-guide

In Partnership with myhairfreeskin - Sugaring & Care

stayhairfree
SKIN CARE SYSTEM

STAY SMOOTH - STAY HAPPY

Your first 6 smooth sessions

Session	Phase	Observations
1	initial analysis	
2	building your rhythm	
3	visible change	
4	smoother regrowth	
5	reduction phase	
6	result evaluation	

- After these first 6 Smooth Sessions, your next phase begins.
- Each phase builds on the previous one and deepens your long-term results.
- Dual-phase enzyme care is applied in-studio only, immediately after hair removal — for optimal results.

HOME RITUAL REMINDER:

- gentle exfoliation 2–3× weekly
- SOS Purify as needed (ingrowns & irritation)
- soothing body oil for barrier support
- avoid shaving between sessions
- keep your appointment rhythm for visible results